

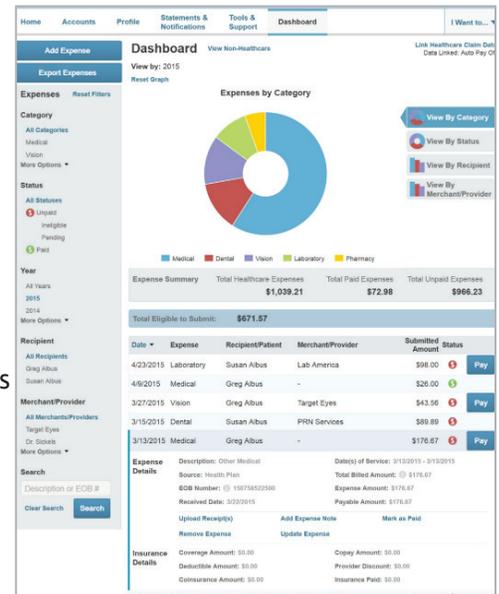


Online Claims Resource

You can simplify your claims management and healthcare spending using Meritain Health's online member portal. You'll be able to save yourself time with one easy, convenient online information source. Using the Meritain Health member portal, you can:

- Eliminate paper forms.
- Conveniently request reimbursement.
- Reduce manual receipt submission.
- Wisely manage your healthcare spending.

You'll be able to log in, view detailed healthcare data and budget for your future healthcare expenditures. Your Meritain Health member portal provides a consolidated financial view of your healthcare spending, with self-service convenience. This way, it's easier to understand what's going on with your Flexible Spending Account (FSA), Dependent Care Account (DCA) or Health Reimbursement Arrangement (HRA), and make decisions about how you'll spend your account funds.



How does it work?

If you haven't already, you'll need to register for your online account at <https://www.meritain.com>. Simply open your Web browser and click *Register*. Then select *Member* under *I am a* and enter your group ID number. Last, you'll need to enter the requested information and click *Submit*. Your username will be provided to you, and you'll need to create a password and confirm your email address.

Then, you can log in to your dashboard by selecting *Click here* for your Flex/CDHP account information, where you can:

- **Manage expenses.**
 - View claims, Explanations of Benefits or premiums
 - Submit expenses manually
- **Make payments.**
 - Control which healthcare expenses are reimbursed
 - Payments go directly to you when using online claims filing
 - Receive reimbursements from your FSA, DCA or HRA
- **Plan and budget.**
 - View healthcare expense and reimbursements in a single location
 - Gain insight to plan for future healthcare costs and out-of-pocket spending
 - Export data to Excel for an alternate view

If you have any questions about your member portal or need help registering for an online account, we can help. Just call Meritain Health Customer Service by calling 1.800.566.9305.